

BHAVAN'S ADARSHA VIDYALAYA KAKKANAD
ANNUAL REPORT 2023 –'24

Namaste and Greetings to one and all...

***"The highest education is that which does not merely give us information but makes our life in harmony with all existence."* – Rabindranath Tagore**

Esteemed Chief Guest of the day, hon'ble Justice (Rtd), Sri Siri Jagan, Vice Chancellor NUALS, the most admired chairman, CA Venugopal C Govind, Bharatiya Vidya Bhavan, Kochi Kendra, most Reverend Director Sri E. Ramankutty, Bharatiya Vidya Bhavan, Kochi Kendra, other dignitaries on and off the dais, adorable teachers, respected parents, and my dear students.

We strive for excellence in everything we do. It is an enduring tradition to take time to pause and turn the leaves of success, experiences and glorious achievements made through this fruitful year. Let us take a stop to count our blessings and milestones accomplished that have made us feel proud this academic year.

Let me embark on the pleasant journey of reading the annual report 2023-24 which has set a benchmark for the next academic year 2024-'25.

ACADEMICS

"The whole purpose of education is to turn mirrors into windows."

Achieving academic excellence is at the heart of the endeavour of all educators and academic institutions. An important measure of this pursuit is to ensure quality education for students and to do a reality check through examinations under various levels. We are proud to convey that the school has made excellent results in grade 10 and 12 board exams and created a history in the annals of Adarsha by standing second in the All India Shikshan Bharathi rating. I proudly place before you the achievements of our students in chronological order.

Out of 157 students who appeared for the SSE, 38 students secured A1 in all subjects, 155 secured distinction and 2 got first class.

Jeevan Jagdeep topped the SSE by scoring 496/500 (99.2%)

Out of the 144 students who appeared for the SSCE, 23 bagged A1 in all subjects, 136 students secured distinction and 8 students got First class.

Arnav Anish with 478/500 (95.6%), **Riya Anil** with 491/500 (98.2%) and **Mythili Manoj** with 494/500(98.8%) brought laurels to the school with their outstanding performance in the Commerce, Science and Humanities streams, respectively. This year, 159 students are appearing for SSE and 149 for SSCE. Our blessings and best wishes to all.

SCHOOL SENATE

The school educates children to run an election in the most democratic way to choose their leaders. Nevertheless, the children also learn the value of voting and the significance of a senate in school. The Investiture Ceremony is the first solemn function which is held in all its grandeur at the beginning of June to embark on the responsibilities and duties of students at school. The elected leaders from both primary and secondary are universally chosen, titled, and pinned with their leadership badges to discharge their duties as head girl, head boy, sports captains, house captains and vice captains. This year, Master Niranjan Warriar, and Ms. Evangel Davis from grade 12 were elected as senior head boy and head girl, respectively. While the junior head boy and head girl were Master Bharat Satheesan, and Ms Akshitha Rajeev from grade 10. The general body works hand in glove with the teachers and is instrumental in all the activities of the school.

IMPORTANT DAYS OBSERVED

Celebrations and events at Adarsha have become an integral part of learning and for the holistic development of the student community. Celebrating national and regional festivals, like Onam, Christmas, Deepavali, Eid, and Ramayana week, depicting our culture and tradition are celebrated with zeal and enthusiasm mainly to understand the incredibility of the country and to showcase the relevance of these festivals in the past, their significance in the present and the values that they carry from generation to generation. Important days like World Aids Day, Anti-Child Labour Day, Day against Drug Trafficking and Abuse, Vigilance Day, etc., are observed to create awareness and make students realise the hazards of negative elements in society and to uproot them at the grassroots level. Days of national reverence like Independence Day, Republic Day, Constitutional Day, and National Youth Day are observed with all importance. Children are given opportunities to display the relevance of these days in the form of skits, role play, speeches, dance, mime etc. during the morning assembly.

PROOF THAT HARD WORK PAYS OFF

"The road to success is paved with the bricks of determination, commitment, and the relentless pursuit of one's goals."

- **Jhanvi Sreejith** of class II secured a Bronze in the National Karate Championship held at Mysuru (Mysore) and participated in the 10th Shitoryu International Championship held at Jakarta.
- **Abhinav Maheshwar** of grade IX accomplished the feat of crossing the Periyar River.
- Supporting and nurturing budding authors is crucial to helping them develop their skills and gain confidence in their abilities. Providing them with opportunities to highlight their work can be

highly beneficial, as it encourages their creativity and motivates them to continue honing their writing skills.

Adarsha is blessed to have such creative minds. The following are a few of our budding authors.

- **Shreya Anil (II) - Ammu's Diary**
- **Ameya M A(IV) - Reena's Journey**
- **Aarav Adarsh (V) - Adventure in Hawaii**
- **Ananaya Rajesh (VI) - Time-Pass Stories**
- **SreepadmaHarilal (VIII) - Words on Wings**
- **Devananda Anil (VIII) - Once Upon A Time There Was A Child Who Loved Books**
- In the Kochi Toastmasters inter-school persuasive speech contest titled "ARISE" conducted at Don Bosco "IMAGE" **Anashwara Ramesh** of class XI secured the First Runner-up position. She received the DTM Joseph Lukose Memorial Trophy and a cash prize worth Rs. 3000/-
- **Gauri Menon** of class II represented India in the 10th Shitoryu Karate Do International Championship held in Jakarta, Indonesia. She secured a bronze medal in the Girls Kata category.
- In the All-India CBSE Athletic Meet held at Raipur, **Mohammed Sayan** of class XII and Afreen Shakeel of class X secured gold medals for the High Jump and Long Jump, respectively.
- **Aadinath Harilal** of class VIII secured a draw against Grandmaster **Nihal Sarin** in the Simultaneous Chess game in Kerala - Cuba 'Che International Chess Festival 2023' Aadinath was one of the 32 players of the simul games that Grandmaster Nihal Sarin and Grandmaster Praggnanandhaa played.
- **Parvathy Krishna Rao** of class X was titled '**NITHYA POORNIMA**' in both Bharatanatyam and Kuchipudi in the **Ojas International Dance Festival** conducted by the Indian Institute of World Culture Bengaluru.
- **Dakshina Charu Chithra** of class XI and **Geethika R Nair** of class XI were awarded honourable mention - Gold and Silver in the **G20 MUN**, respectively.
- In MTSE 2022-23, **Avyang Namboothiripad** of class III secured the First rank, a cash award of Rs 1,500 and a gold medal.
- **Lakshmi Sreejith** of class IV secured First Rank in the Sugama Hindi Exam conducted by Kerala Hindi Prachar Sabha, Thiruvananthapuram.

LAUDABLE AND REMARKABLE ACHIEVEMENTS

"Success is where preparation and opportunity meet!"

Winning is the goal and losing is an experience when it comes to competitions. Nevertheless, it is the teamwork and constructive interaction that enables the school to win accolades. It is my proud privilege to share all the success stories in the field of cultural and sports events for 2023-24.

- ❖ **In the All-Kerala Bhavan's Cultural Fest**, The school received the Overall Trophy in Category I, II & V with an exceptional score of 52,82 and 167 points, respectively. We also received the Overall Championship in categories I - IV and I - V.
- ❖ **Aushin Krishna A S** of class IX was adjudged as the Bhavan's **Prathibha** in category IV, **Nirupama A Menon** of class II was adjudged as the **Bhavan's Jyothi** in category I and **Vishal S J** was adjudged as the kala Prathibha in category 5.
- ❖ Our school won the First Runners-up trophy in category IV and the Second Runners-up trophy in category III.
- ❖ In the **39th All Kerala Dr K M Munshi Memorial Athletic Meet** the school lifted the Ever-rolling trophy by a margin of 52 points which was a dream for every athlete.
- ❖ **Aarushi Jijish** secured the individual championship in the junior girls' category.
- ❖ In the **Kochi CBSE Sahodaya Fest 2023-24** our school won the Overall Trophy.
- ❖ In the **Newsprint Soccer Tournament 2023**, our school team emerged as the champions.
- ❖ The school won the overall trophy in the **CBSE Kabaddi Championship**. (Boys category) and received the Runners-up Trophy for (the Girls category)
- ❖ In the **Nadanirjhari Classical Music and Instrumental Music Competition** conducted by Vidyodaya School, Thevakkal, our school emerged as the overall champion.
- ❖ In the **'Udaan Embrace Freedom' 2023** competition hosted by Bhavan's College of Art and Commerce, we bagged the overall Champions Trophy.
- ❖ In connection with the **Shastra Sadas Competition** held at Govt. Sanskrit College Tripunithra, the school bagged the overall trophy in the High school Category.
- ❖ The school emerged as the First Runner Up in the **'FRESCO'** Inter-school Competition conducted by Rajagiri Christu Jayanthi Public School.
- ❖ The school bagged the First Runners' Up trophy in the Inter-School Competition **'Pratheeksha'** conducted by BVM Elamakkara.
- ❖ In the **All-India Bhavan's Virtual Science Exhibition - Vigyan Yatra**, our school team bagged the third prize with a cash prize of Rs 2000.
- ❖ In the **Sanskara Inter Soccer Tournament U-19**, our school team won the Runners Up Trophy.

- ❖ In the Ernakulam District Inter-School Individual Chess Championship 2023, organized by Ernakulam Chess Association and Chess in School, the School bagged the First Runners-up Trophy.
- ❖ In the **State Yoga Championship** held at Palakkad, **Ms Anuja Baiju** of class XII received a Gold Medal.
- ❖ In the **Spell Bee competition** conducted by Chinmaya College Ernakulam, **Master Shividutt S Jayan** of grade 11 won second place and a cash prize of Rs 2000/-
- ❖ Nakshatra Ajith and Vaishali Varun of grade 5 won the third position in the Spell Bee contest conducted by Chinmaya Vidyalaya Tripunithura.
- ❖ In the Novice Novella Nouvea, story writing with illustrations competition conducted by Chinmaya Vidyalaya Vaduthala, our students **Gowri Parvathy & Avanthika** of grade 11 won the second position and a cash award of Rs.2000/-

QUIZ MASTERMINDS

Adarsha has a quizzing culture and to keep in pace with this competitive world, the students are updated with current affairs in the quiz group. The teachers from various depts. train students to hone their quizzing skills and send students for various inter-school competitions online or offline. To mention a few

- ❖ In the "**Mathrubhumi Yez Quiz Me**" competition held at Ernakulam Town Hall, Niranjan Warriar of class XII and Shividutt S Jayan of class XI won the First position. They received trophies, certificates and a cash prize of Rs. 10000/- They will represent Ernakulam District in the state finals.
- ❖ **Dan Paul Jacob and Sraavan S** of class IX secured the second position in the AMRITHAKIRANAM Medi IQ Quiz with a cash prize of Rs.5000/-
- ❖ In the **Cryptics 6.O Computer Quiz** conducted by Vydehi School of Excellence Bengaluru, our school team bagged Third position in the semifinals.
- ❖ **Niranjan Warriar M R** of class XII and **Shividutt S Jayan** of class XI bagged Second Prize in the **Toc H Super Quiz** competition conducted by Toc H school Vytilla.
- ❖ **Gopika PM** of class XII, **Smriti Saraswati** of class XII and **Shraavan S** of class IX have secured 3rd position in the very prestigious **CBSE Heritage Quiz** at cluster level.
- ❖ **Madhav B Nair** and **Neeraj K Baiju** of class VII were adjudged the champions of the **Ganith Wizard Inter-School Quiz** competition in connection with the National Mathematics Day celebrations organized by BVM Girinagar.
- ❖ Dan Paul Jacob and Shraavan S of class IX bagged Second prize in the **Malayala Manorama Read and Win Quiz** competition.
- ❖ In the **VOX Quiz** conducted by Vidyodaya School, Thevakkal, Smriti Saraswati and Gopika PM of class XII bagged the second prize.

INSPIRING EDUCATORS

- ❖ Star Education Award 2023 - **Principal Shri. K Suresh** was honoured with the award for Best Principal in School (Kochi).
- ❖ **Smt. Sini K Jacob**, Dept. of English, received the P T Thomas Educational Excellence Award 2022 from the District Collector Sri. N S K Umesh IAS.
- ❖ In the Multi-Sports Fest conducted at BVM, Erour for teachers, our school team bagged the first position in level 1.
- ❖ WWF India appreciated **Smt Jinu K Joy**, the school co-ordinator for enrolling the maximum number of children in the World Wisdom Global Challenge Quiz programme.
- ❖ In the 42nd Kerala Masters Athletics Champions held at EMS Stadium Nileshtar, **Smt. Kavitha P V**, teacher, Dept. of Physical Education secured the First position in Discus Throw and Shot Put. She also secured the Second position in the Javelin Throw.

BEST PRACTICES

- ❖ Helping the needy is one of the greatest gifts you can pass on to the next generation. To satiate the hunger of the destitute, the school started the initiative '**Akshayapatra - My Lunch for You**' last year. We resumed the noble initiative this year also.
- ❖ **A new App 'Bhojan'** was activated in December. The App aims to go cashless and avail the canteen facility from home for students and teachers. This user-friendly app avoids the burden of managing money, standing in queues, and loss of money during transits, and provides a safer payment gateway.
- ❖ **Green Initiative** - A Mass Plantation Drive was initiated in collaboration with HDFC Bank on World Environment Day.
- ❖ **To enrich vocabulary**, a new word in English, Hindi and Malayalam is introduced weekly along with their usage during the morning assembly. Book reviews are done during assemblies to encourage reading and new arrivals are kept under the vicinity of the children at the library entrance. Various competitions like **Know Your Author, Book Cover Design, and Story Writing with illustrations** are conducted to instil reading culture. The month-long celebration culminated with a Book Exhibition.
- ❖ **Ayur Club**, an initiative by Kottakal Aryavaidyashala and Nature Club was inaugurated in the school.

EDUCATIONAL VISITS AND PICNICS

- ❖ Going beyond the classroom walls and textbooks, comprehending the wonders that are beyond the syllabus and gaining first-hand knowledge and experience, various tours and field trips were organised. Children were taken to heritage sites like Ahalia Heritage Museum, Paliyam Palace, the Jewish Synagogue, Science Centre, the Marine World Aquarium etc

WE HOSTED....

- ❖ The Inter-School Art and Craft Fest, **Labyrinth Kalakriti 2K23** Sixteen schools in and around Kochi participated in the Fest. Bhavan's Munshi Vidyashram, Thiruvankulam was adjudged the Overall Champion.
- ❖ The Merit Day '**Abhinandanam 2023**' was organized by Kochi Sahodaya School Complex to honour the toppers of SSCE and SSE from various schools.
- ❖ The **39th All Kerala Dr K M Munshi Memorial Athletic Meet**. Our school lifted the Overall Championship Trophy.
- ❖ The **56th Edition of Annual Mathematics Teachers' Conference 2023** organised by the Association of Mathematics Teachers of India.
- ❖ **EIRO 2024- Evolve India Robot Olympiad**. Around 220 students participated from various schools in and around Kochi.
- ❖ The school hosted the **Abhiruchi 2023 Teachers' Conclave**, an inter-school competition to hone innovative ideas, creativity, and the application of various types of pedagogies in the teaching-learning process. This year the topic was **Design Thinking in Education**. Around 48 Bhavan Schools across Kerala participated in the event and 3 teams emerged as winners.
- ❖ CBSE Capacity Building Programme on Art Integration for teachers.
- ❖ CBSE Workshop on 'Financial Literacy Mission'.
- ❖ Our School was privileged to co-host "**Purulia Chhau**", a semi-classical dance form of West Bengal, with Spic Macay.

ATAL TINKERING LAB

The ATL provides activity-based learning in schools across the country where young minds can give shape to their ideas for societal problems. It enables young minds to shape their ideas through hands-on experience mode. Young children are offered opportunities to work with tools and equipment to understand the concepts of STEM (Science, Technology, Engineering and Math). The school provides plenty of opportunities for students to participate in both inter and intra-level competitions to ideate and generate solutions to simple problems. To mention a few, the school

lifted the overall trophy in the inter-school competition **PRAUDYOGIKI organised by BVM Elamakkara and in Udaan 2023 organised by BVM Erroor.**

In the **CBSE Skill Expo and National Guidance Festival 2023**, two teams were selected for the culmination event at the All India Level.

NCC

The NCC wing of the school functions with a total of 102 cadets- Junior division 50 cadets and Senior division 52 cadets. The school witnessed the **Passing Out Parade of the 21 Kerala NCC** battalion including 26 cadets from the school who received a B certificate.

- ❖ Company Quartermaster Sergeant Aditya Deepu of class 12 participated in the Belgaum Trekking camp.
- ❖ In the junior division, NCC company quartermaster **Sergeant Durga Premjith** was selected for Thak Sainik Camp (firing camp) held at Kozhikode.
- ❖ **Lt Mary Sorna Rani D** attended the Special National Integration Camp at Lakshadweep in December 2023.

YOGA

Adarshites embrace the spirit of Yoga by pausing to breathe, reflect, and be more aware of their respiratory well-being. The school conducts a 3-minute breathing exercise every day in the morning during the daily assembly allowing some time for introspection and retrospection. The International Day of Yoga was celebrated with great zeal with selected students of all classes displaying various asanas for 20 minutes. An online session was held for both parents and teachers on International Yoga Day.

UNLEASH THE ATHLETE WITHIN SPORTS SPECTACULAR

Sports activities are the cornerstone of physical fitness, teamwork, and personal growth. May it be the field, court, or track, engaging in sports offers a multitude of benefits for individuals of all ages. Adarsha provides its students with a plethora of sports opportunities where the child can hone their skills according to their choice of sport. Our students participated in various championship tournaments at District, State and National levels and won prizes. This year we conducted the Annual Sports Day for Primary and Secondary on two different days.

LIBRARY

The school library has a positive impact on the academic performance of the students. According to the national education policy, it is the nerve centre of the school and a mind relaxation for all readers. It helps us develop the overall skills necessary to succeed in the modern-day digital and social environment. The school has a full-fledged library which comprises more than 20,000 books that are helpful to every member of the school community whether it is students, teachers, or any

other staff member. It helps gain skills and knowledge for personal development. The open library is a space for reading just adjacent to the main library allowing children to read in a natural ambience.

SCHOOL COUNSELLOR

The guidance and counselling wing of our school functions effectively to solve the students' emotional, behavioural, social, and educational problems to a great extent. The school conducts programmes and workshops to speak freely to the school counsellor. Students are recommended for therapies based on their interactions thus looking forward to the mental well-being of each child.

TEACHER EMPOWERMENT FOR EDUCATIONAL EXCELLENCE

An effective enrichment programme is an integral component of ensuring that an organization achieves the best possible outcomes.

- ❖ Principal K Suresh attended a two-day training programme at IIM Kozhikode on 'Leading Schools'. He also attended the four-day Annual Conference for Principals of Bhavan's schools at Bharatiya Vidya Bhavan, Chandigarh.
- ❖ Smt. Jyothi P, Vice Principal, Smt. Jyothirmayee P, Asst. Vice Principal and all our teachers attended 50 hours of training sessions as recommended by CBSE.

ORIENTATION PROGRAMMES FOR STUDENTS

- ❖ Our student outreach programme committee organised orientation programmes for the empowerment of the student community of our school.
- ❖ A workshop on 'Career and Higher Education in an Ever-changing World' was organised for the students of class XI and XII Science stream.
- ❖ A talk by Sri **Guru Kaanshi** on 'Value Oriented Life' was conducted for students of grade 9.
- ❖ Sri. **Arun Thathagath**, the global solo cycle traveller conducted a session on 'Journeys for self-discovery' for the students of grade VIII.
- ❖ Students of classes VI and VII attended a talk on 'Values in Ramayana stories' by Swami Sudheer Chaithanya.
- ❖ A webinar on 'Life Lessons from Ramayana' was conducted for the students of classes VII, VIII and IX.
- ❖ Sri. George Joseph, SI of Police, East Traffic Station, Ernakulam conducted a traffic awareness programme for the students of classes XI and XII.
- ❖ Students of classes IX-XII attended a career guidance workshop by Mr. Madhu G, on the topic 'Discover Your Spark: Unleash Your Career Potential' organized by PTA.
- ❖ The Nature Club students from class VI-IX attended a session on 'The Importance of Plastic Recycling and the Project Introduction'.

PTA

The PTA of the school is integrally involved in all the activities of the school. PTA meetings are arranged periodically to inform them about their child's holistic progress. We cherish and thank all the parents for their cooperation and their constructive suggestions in our endeavour to impart quality education.

ALUMNI

The BAV Alumni Association is associated with the welfare of the school. They interact with teachers, join the activities of the school, and take the initiative to conduct programmes from time to time. The school hosted the first physical meeting of Alumni in August. It was a moment of joy when the old students recognized and shared memories with their teachers. A few retired teachers were honoured with a ponnada.

ACKNOWLEDGEMENT

We are indeed blessed to have incredibly supportive management and I would like to express our sincere thanks to the Chairman, C A Venugopal C Govind, Director, Sri. E Ramankutty, Education Officers, Research Coordinator and all the members of the Management Committee, Bharatiya Vidya Bhavan, Kochi Kendra, the members of the SMC and Staff who stood by us on all occasions. May I also take this opportunity to express my deepest gratitude to our PTA and all other well-wishers for their wholehearted support and cooperation. I wish my teachers to continue their unceasing efforts to mould young minds into well-balanced personalities with confidence and zeal befitting the standards of this portal of education with your continuous support and encouragement. We humbly salute our visionary leaders and seek the blessings of the almighty to guide us in all our endeavours.

May God bless each one of us and help us in translating our dreams into reality as our school motto directs – **Let Noble Thoughts Come To Us From Every Side.**
